

## INFANTS: BIRTH TO SIXTH MONTHS

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### FINE MOTOR/GROSS MOTOR

- eye focus
- rooting reflex
- tonic neck reflex
- grasping
- reacting to stimuli
- following with eyes
- reading
- explores objects with mouth
- finger plays with fingers and toes
- turns head to sound
- lifts head when prone
- shaking, kicking
- stepping reflex
- brings hand to mouth
- raises head while on back
- reaches with both hands
- rolling
- holds head steady while held in sitting position
- sitting, creeping, crawling

### COGNITIVE COMMUNICATION

- stops sucking to look at something
- responds to sounds
- stares
- imitates facial expressions
- studies patterns, faces, shapes
- has distinct cries
- can be startled and respond
- laughs, smiles in response
- recognizes difference between family and others
- attention getting sounds
- recognizes own bottle
- babbles, coos
- plays alone with toys
- strong, steady sounds
- looks for and uncovers partly hidden toy

### SOCIAL-EMOTIONAL/SELF HELP SKILLS

- cries to show discomfort
- fusses when diaper is messy
- quiets when picked up (happy sounds)fusses when tired
- cries when left alone
- thumb sucking, retains pacifier, breathes faster, moves arms and legs
- begins to hold bottle
- when excited, imitates interactions, smiles back
- recognizes family, caregivers
- shows interest in people and animals
- smiles and babbles at self in mirror