

PRE-K TO KINDERGARTEN: 4-5 YEARS OLD

FINE MOTOR/GROSS MOTOR

- uses alternate feet to climb stairs
- runs smoothly
- uses scissors to cut
- may hop, skip and jump
- draws and recognizes figures/objects
- pedals
- prints some letters of the alphabet
- may gallop
- snaps fingers
- skips

COGNITIVE COMMUNICATION

- one-to-one correspondence
- understands sentences
- knows seasons and what occurs during them
- uses words to express
- wants/needs to others
- tells opposites

SOCIAL-EMOTIONAL/SELF-HELP SKILLS

- relates positively to adults and children
- can use toilet independently
- shows interest in group games
- can blow nose without help
- can wait turn
- can zip, may lace and tie
- shares
- can wring out sponge
- helps and offers to help
- begins to buckle shoes